



2023 Retiree Medical Contribution Rates and COBRA Rates

United Healthcare		
Participant Under Age 65 Retiree/Surviving Spouse/Dependent		Cobra Rate
Retiree	\$768.00	\$2240.53
Retiree + 1	\$1536.00	\$4481.06
Retiree + more than 1	\$2304.00	\$6721.60
Kaiser Permanente Options		
Participant Under Age 65 Retiree/Surviving Spouse/Dependent		Cobra Rate
Retiree	\$336.00	\$982.10
Retiree + 1	\$672.00	\$1964.19
Retiree + more than 1	\$1008.00	\$2946.29

2023 Retiree Medical Contribution Rates if Medicare Eligible

Per Month - Per Person

United Healthcare		
Participant	Retiree Rate	COBRA Rate
Participant Under Age 65 Retiree/Surviving Spouse/Dependent	\$483.00	\$2240.53
Kaiser Permanente Options		
Participant	Retiree Rate	COBRA Rate
Participant Under Age 65 Retiree/Surviving Spouse/Dependent	\$211.00	\$982.10

Only for Current COBRA Dental Participants (through HealthEquity)

2023 Dental COBRA Monthly Rates

Level of Coverage	Delta Dental of Washington	Willamette Dental
Individual	\$46.01	\$52.22
Individual +1	\$83.17	\$104.65
Individual + more than 1	\$123.07	\$196.10